

October 2026

Week 1 (28 th Sept – 2 nd oct)	Week 2 (5 th Oct – 9 th Oct)
Monday Chicken Casserole	Monday Beef Lasagne
Tuesday Fish pie	Tuesday Sausages
Wednesday Veggie Cottage Pie	Wednesday Fish Fingers
Thursday Toad in the Hole	Thursday Turkey Schnitzel
Friday Liver & Bacon	Friday Chicken & leek Pie

Week 3 (12 th Oct – 16 th Oct)	Week 4 (19 Oct – 23 rd Oct)
Monday Roast Chicken	Monday Scampi & Chips
Tuesday Cottage Pie	Tuesday Roast Beef
Wednesday Corned Beef Hash	Wednesday Teviotdale Pie
Thursday Fish & Chips	Thursday Sausage Casserole
Friday Beef Stew	Friday Hunters Chicken

