

September 2026

Week 1 (31 st Aug – 4 th Sept)	Week 2 (7 th Sept – 11 th Sept)
Monday Bank Holiday	Monday Toad in the Hole
Tuesday Frittata	Tuesday Cottage pie
Wednesday Fish & Chips	Wednesday Roast Gammon
Thursday Sausages	Thursday Fishcakes
Friday Roast Turkey	Friday Mediterranean Chicken

Week 3 (14 th Sept – 18 th Sept)	Week 4 (21 st Sept – 25 th Sept)
Monday Fish & Chips	Monday Savoury Mince
Tuesday Roast Chicken	Tuesday Sausage Casserole
Wednesday Sausages	Wednesday Stuffed Chicken Thigh
Thursday Chicken Casserole	Thursday Roast Beef
Friday Meatloaf	Friday Scampi & Chips

