# **February 2024 Newsletter**





# Happy Valentine's



Welcome to our February edition of the Wade newsletter and hope you are all having a good new year so far?

As this is a great month for getting things sorted, we'd like to ask you to keep us posted on any personal detail changes and we'd love to have your email address if you are not getting these newsletters or invoices online. The newsletter is easier to read on-line, and we are helping the environment too! Please get in touch with Elaine in the office with any updates.

This February we've Valentine's Day on 14<sup>th</sup> and we have the start of the Chinese New Year on 10<sup>th</sup> February. As always, we will have a fun filled February at Wade so have a look at our activity schedule and lunch menu to see what days you'd like to come in and join us.

Other things in this edition of the newsletter are:

- A trustee update from me!
- A brilliant and informative interview with our new centre manager Emma.
- 5 things you could do in February.
- And some exciting new dates for your diary.

As always please let us know if you have any feedback about the newsletter or there is anything you want us to cover.



# Trustee News: From Karen Mahony (One of our new trustees)



Great to hear last month from Carol & Chris about some of the historical changes to Wade however as I was not around at that time so I thought I would focus my update on some of the new things happening at Wade.

#### So, what is new at Wade?

- New trustees Sallyanne Steatham and I are your new trustees - thank you for voting us in at the AGM last November. Sallyanne has been doing lots of events planning and I have been doing the newsletter and getting to grips with how we can apply for grants to support Wade's budget.
- New centre manager Emma Hamilton joined us at the start
  of January. I had a great time getting to know Emma and
  hearing all about her background, her life and her initial
  thoughts about Wade. See the article overleaf and meet her
  great team.
- New activities We have new activities for 2024 Sing for Your Self becomes a regular activity and we'll be bringing more animals into the centre to say hello.
- New interiors We have some new chairs, gaming tables & some new artwork for the newly decorated lounges.
- New photos We have new photos of all our Wade staff and trustees - we'll be making these visible on our notice boards and making sure we give you a copy of these in a future newsletter. They are very professional and make us all look amazing!

# Introducing our New Centre Manager – Emma Hamilton & her Super Team.



Tell us about you?

I grew up in Reading and now live in Woodley with my husband Luke and three girls (11,7 & 18 months old). Family time is the most important thing to me, and Luke and I are a great team.

#### Where have you worked before?

I have worked in care since I was 18 and spent most of my career at Purley Park caring for adults with learning difficulties. It was a difficult decision to leave but I knew with a young baby I needed my job to be nearer home. I took a maternity cover role with the council and then spotted and applied for the Wade role.

## How are you finding Wade a few weeks in?

I am really happy. Wade is such a wonderful place. The members are lovely to chat to and the care team are a phenomenal bunch. I love the varied days and there is so much going on you never get bored!

#### What has surprised you the most about Wade?

I have been blown away with how everyone at Wade goes the extra mile to make things happen. From the staff, the trustees and the Friends of Wade everyone cares so much.

# What are some of the new things you'd like to introduce to Wade?

I'd like to introduce a members questionnaire so we can really understand what activites and things our members like and dislike. That will help us build on the great work we are doing and ensure we cater even better for different member needs and abilities.

#### Who makes the best cup of tea in your team?

They all do!

#### **Our Great Wade Team**

In this month's newsletter Emma introduces us to some of her team. For the next few newsletters, she'll introduce you to more until you've met the whole team.

#### **Introducing Our Catering Team**

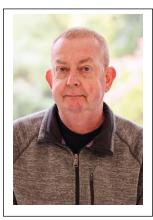
Ronnie Stanley (Chef) Julie Curtis (Chef)





Introducing Our Transportation & Centre Maintenance Team

**Andrew Nibbs** 



**Chris Walker** 



## February's New Menu

We love Ronnie & Julie's lunches they always serve up a great healthy and nutritious two course lunch and this month is no different.

Please tell your friends about the best lunches in Wokingham as now we have all our lounges open, we can start to look to increase our membership.

# February's Member Activity Calendar!

You'll be pleased to see that the Friend's of Wade are putting on a fun skittles night in February – that should help raise some good funds for our centre. If you can come or encourage your family and friends to support us please do.

1 <sup>ST</sup> February	Hairdresser	Appointment Needed
6th February	Tai Chi	AM
7 <sup>™</sup> February	Tai Chi	AM
8 <sup>TH</sup> February	Hairdresser	Appointment Needed
12 <sup>th</sup> February	Tai Chi	PM
14 <sup>th</sup> February	Valentine Flowers	AM
14 <sup>th</sup> February	Sing for Yourself	1:30
15 <sup>th</sup> February	Hairdresser	Appointment Needed
20th February	Tai Chi	AM
22 <sup>nd</sup> February	Hairdresser	Appointment Needed
23 <sup>rd</sup> February	Skittles Evening	7:00pm
28 <sup>th</sup> February	Sing for Yourself	1:30

To book Hairdressing appointments please call 01189787025

We do have appointments with the Chiropodist please call for 01189787025 availability

# 5 Things to do in February.....



`**>>>>>>>>>>>** 

1. Declutter



- 2. Prepare for lent (often easier to give something up for 40 days rather than a new year's resolution!!!)
- 3. Check your 2024 finances.
- 4. Plan for Valentine's!!!
- 5. Watch the primroses and snow drops grow.



# February 2024



Week 1 (29th Jan-2nd Feb)

Monday

**Hunters Chicken** 

Tuesday

Fish Pie

Wednesday

**Roast Beef** 

Thursday

Sausages

Friday

Savoury Mince

Week 3 (12th Feb-16th Feb)

Monday Cottage Pie

Tuesday

Sausage Casserole

Wednesday

Scampi

Thursday Beef Pie

Friday

**Roast Gammon** 

Week 2 (5th Feb-9th Feb)

Monday

**Fish Fingers** 

Tuesday

**Roast Chicken** 

Wednesday

**Chicken Casserole** 

Thursday

**Lamb Cobbler** 

Friday

Toad in the Hole

Week 4 (19th Feb-23rd Feb)

Monday

Sausages

Tuesday

Tivotdale Pie

Wednesday

Roast Pork

Thursday
Chicken Casserole

Friday

Fish & Chips

# **Wade Charity Shop News**



Valentine's is in the shop this month but think the teddy in the window will be sold quickly!

Wendy and team are now planning their Mother's Day & Easter windows.



## **Upcoming Events for Your Diary**



#### Friday 23<sup>rd</sup> February - Skittles Evening

 A great competitive event for us where you can bring your own drinks and nibbles.

### Friday 22<sup>nd</sup> March – Members & Families Thank You Tea (2.30-4.30)

 More details to come next month on a special thank you tea party.



Every month Sue Jackson and the team at WIN provide Wade with some great entertainment for our members. (See Sue pictured below next to the Mayor & our Patron Lucy).

At our January trustee meeting Sue came to talk to us all about the great work WIN is doing across the town helping many charities and putting many smiles on faces. Thank you Sue and to your excellent team. We love your support and dedication to connecting our community.



# Friday 19<sup>th</sup> April - New Member's Open Day (12-3pm)

 More details to come next month on an event we are planning to highlight the Wade Centre to new members.

#### Thursday 25th April - Fashion Show

 An exciting evening of fashion and fun and you'll see some of the Friends of Wade and Trustees doing the modelling!



## Friends And Supporters of Wade

At our January meeting the Friends of Wade have starting planning the 2024 calendar of events – I am pleased to say the summer fair and Winter fairs are in the diary along with a cinema night and a few mealtime feasts! Watch this space and thank you to our loyal band of friends who help to find new and fun ways to raise funds for our members and centre.

If anyone would like to join the Friends Of Wade please speak to someone in the office who can get you connected with the team.