



Happy New Year All



2024 is here! I hope you and your loved ones had a great festive period and took time to relax?

Everyone at Wade wishes you and your families a happy 2024 and we look forward to seeing more of you over the year.

The good news is the newsletter continues into 2024 and will continue to provide you with your monthly menu of activities and lunches.

In addition to the menus in this edition of the newsletter you will find:

- An historical update on a few of the changes our trustee duo – Chris & Carole Barnes - have seen over the years they have been involved with Wade.
- A few new year resolutions from our members, staff and trustees.
- A quick reminder of the fun things we did in December – as it flew by so good to reflect!
- And some new dates for your diary.

As always please let us know if you have any feedback on the newsletter or there is anything you want us to cover.

Trustee News:

From Carole & Chris Barnes



Happy New Year to all our members and a massive welcome to our new Wade Centre Manager, Emma Hamilton, who started on 8th January.

It was great to see the improvements to the Centre in December – we opened the downstairs lounges, welcomed new chairs and furniture and we are looking forward to new art and blinds over the next months.

As we are talking changes at the centre, we thought we'd devote our update this month to reflecting on some of the changes we've seen as trustees over the past 15 years.

- **Social changes** – One of the biggest changes is that the average age of our members used to be 60-70 whereas now it is nearer 80-90. This clearly has changed the support and care that we now offer. 80 is clearly the new 60 with most people having their retirement planned out more these days so don't need help until later in life.
- **Centre changes** – Going back the Centre was used slightly differently than it is today. Reading used to happen in the cottage suites where we have the physio today. There used to be a full-sized snooker table where the board room is today.

Trustee Update Continued

Downstairs there was the lunchroom and the downstairs lounges which hosted lots of bingo!

Now we've opened our lounges again we'll be using these so much more in 2024.

Over the past 15 years there have also been many building improvements, like making the conservatory water-tight and air conditioned. The regulations affecting the centre building have also changed over the years.

- **Transportation changes** – We weren't as lucky as we are today with our newly donated member buses. Going back, we had buses on loan from the council and buses that were so much older. Clearly another change is that there are so many more regulations that we have today.

Also, our members all need to use the tail lift to help them whereas 15 years back many of the members did not need as much help being that bit younger.

- **Fund raising changes** – This is probably the biggest change. In the past Wade got most of its funding from the Council whereas today most of the funds are raised through generous donations, legacies, grants and fund raising. Luckily, we are pretty good at fund raising but it does mean we have to work harder to secure our funds. The creation of Friends of Wade a few years ago was a critical development for this change as well as the great funds we get from our Wade shop.

One thing that has not changed is the passion, devotion and care that all the staff have provided to our members over the years. Did you know we've only had seven centre managers and two shop managers over 50 years (including our new manager Emma) – that's pretty impressive!

Let's look forward in 2024 to even more great changes. Any suggestions please always let us know.

Reflections on Christmas at Wade

In the hectic month that was December it was easy to forget all the amazing things we did at Wade. Here is a reminder of the fun things we did.

- **Our Festive Fair** was a great success with lots of cakes, tombola's and raffle prizes. We even featured in the 'My Wokingham' on-line publication – as you can see below. Well done and another thank you to all involved.
- **Our Members Christmas Lunch** was delicious and massive compliments to our amazing chef team who even made brussel sprouts taste great! Also, thanks Wokingham in Need for the entertainment.

Visitors WADE through crowds for annual festive fair

BY JACKY HAYLER



Crowds dropped by to the WADE day centre when they held their Christmas fair.

The annual event is the start of the centre's Christmas celebrations and as ever it was well supported. The event saw lots of stalls selling gift ideas including hampers, jewellery and handbags.

Friends of WADE were front and centre with their stall selling their own crafts including chocolate oranges with knitted hats and Christmas decorations.

There were tombolas for both grown-ups and children with lots of refreshments available.

Secretary Elaine Anderson said: "It was a really lovely start to the season. We get our visitors with their family and friends but also people just go past and pop in. People come to us every year and it really does just bring the community together."

"We would like to say a great big thank you to everyone that came along to the Christmas fair. We had lots of wonderful stalls and it was a lovely start to the Christmas celebrations. Thank you to all Trustee's staff and volunteers for all their help but most of all we thank everyone that came and supported us."

Every penny made at the event goes straight back into supporting the centre.



New Year Resolutions

1. Emily wants to



Save more money for life and find a strong muscley man who looks like David Gandy the super model!

New Year Resolutions

2. David wants to



Keep healthy in 2024.

January's New Menu

Another tasty menu for January for you which you've already started to enjoy.

Please tell your friends about the best lunches in Wokingham as now we have all our lounges open, we can start to look to increase our membership.

January's Member Activity Calendar!

We hope you enjoyed the new activities we introduced last year? You'll be pleased to know that they will be continuing and we'll be looking to add some new activities before Easter too!

ACTIVITIES FOR JANUARY 2024

4 th January	Hairdresser	Appointment Needed
9 th January	Tai Chi	11:00
11 th January	Hairdresser	Appointment needed
17 th January	Sing for Yourself	13:30-14:30
18 th January	Hairdresser	Appointment needed
19 th January	Flowers with Carole	13:30
24 th January	Tai Chi	13:45
25 th January	Hairdresser	Appointment Needed
31 st January	Sing for Yourself	13:30-14:30

To book Hairdressing appointments please call 01189787025

We do have appointments with the Chiroprapist please call for 01189787025 availability

New Year Resolutions

3. Sandy wants to



Spend more time with her father and start bringing him to lunch at Wade in 2024.



Week 1 (1st Jan—5th Jan)

Monday
Bank Holiday

Tuesday
Chicken Casserole

Wednesday
Liver & Bacon

Thursday
Savoury Mince

Friday
Fish & Chips

Week 3 (15th Jan—19th Jan)

Monday
Fish Pie

Tuesday
Roast Gammon

Wednesday
Meatloaf

Thursday
Sausages

Friday
Chicken & Ham Pie

Week 2 (8th Jan—12 Jan)

Monday
Corned Beef Hash

Tuesday
Beef Casserole

Wednesday
Roast Chicken

Thursday
Scampi

Friday
Sausage Rolls

Week 4 (22nd Jan—26th Jan)

Monday
Roast Chicken

Tuesday
Fishcakes

Wednesday
Sausage Casserole

Thursday
Beef Pie

Friday
Cottage Pie



Charity Shop News



Another successful Christmas sale and a superb Christmas window created by Wendy and the team.

This month Wendy has a great 'keep fit' window theme (which one may need due to the excessive amounts of food and drink consumed over the festive period!).

Planning has started for the Valentine's Day February window and the early Easter display.

Hoppy planning Wendy!

Upcoming Events for Your Diary



Join us for a fun
SKITTLES EVENING



Friday 23rd February
7.00pm for 7.30 start
at Wade Centre
40 Reading Road, Wokingham
Tickets £7.00 pp



There will also be a raffle
Bring your own drinks and nibbles
Contact secretary@wadedcentre.org.uk
Call 0118 978 7025

Friday 23rd February – Skittles Evening

- A great competitive event for us where you can bring your own drinks and nibbles.

Friday 22nd March – Members & Families Thank You Tea (2.30-4.30)

- More details to come next month on a special thank you tea party.

New Year Resolutions

4. Mick wants to



.... Not get any older if he can help it!



Friends And Supporters of Wade

This month East Hampstead Rotary (Three Counties Cycle Race) gave us a donation of £1200. THANK YOU from all of us at Wade.

Friday 19th April – New Member's Open Day (12-3pm)

- More details to come next month on an event we are planning to showcase the Wade Centre to new members.

Thursday 25th April - Fashion Show

- An exciting evening of fashion and fun and you'll see some of the Friends of Wade and Trustees doing the modelling!



FASHION SHOW

An exciting evening of fashion & fun hosted by Travelling Trends

A ladies night out with a difference! As well as a live CATWALK SHOW, there is ample time to try on & buy this season's High Street & Branded fashions. All at bargain prices!!

Thu. 25th April 2024
7pm for 7.30pm
Wade Day Centre
40 Reading Road
Wokingham RG41 1EH

You can book your seat by email to secretary@wadedcentre.org.uk or call WADE (weekdays 10am-4pm) on 0118 978 7025

Includes a glass of Wine/Juice & Nibbles

Ticket Price **£ 10**
Must be bought in advance

www.travellingtrends.com

We Accept All Major Credit Cards

New Year Resolutions

5. Rachel wants to



.... Lose weight for her daughter's wedding in June.



Keep in touch and here is how to contact us and find out more about what we are up to

01189 787025 | wadedcentre.org.uk | facebook.com/wadedaycentre